Minutes of the last meeting

26 June 2019 - 12:30-13:30 Committee Room 4, Ty Hywel

IN ATTENDANCE:	
Bethan Sayed AM (Chair)	South Wales West / Plaid Cymru
Natasha Withey	Gofal
Ewan Hilton	Gofal
Mike Hedges AM	Swansea East / Welsh Labout
Sandy Bridges	Carer
Menna Jones	T3 ED Team Clinical Lead Cardiff and Vale / Cwm Taf UHB
Jo Whitfield	Beat
Wendy Clarke	Specialist Lead for Eating Disorders, ABUHB
Dr. Natalie Chetwynd	Clinical Psychologist, Elizabeth Williams Clinic
Manon Haf Lewis	
Carole Phillips	
Carl Shortland	WHSSC
Matt Williams	Lee Waters Office
Donna Mason	Mental Health Matters Wales
Michaela Moore	Mental Health Matters Wales
Sara Hexter	
Danielle Carter	Aneurin Bevan Health Board
Oliver John	Royal College of Psychiatrists
Daniel Jones	Royal College of Psychiatrists

Welcome and apologies	Actions
Bethan Sayed AM welcomed attendees of the Cross Party Group on Eating Disorders.	
RECEIVED: Apologies from absent members	
 Llyr Huws Gruffydd AM Gerrard McCullagh Janet and Don Ribeiro Toni Hoefkens Helen Missen Jacinta Tan 	
Minutes from the last meeting	Actions
APPROVED The minutes of the last meeting.	NW to send to Table Office
and the control of th	
Eating Disorder Service Review Update	Actions
Eating Disorder Service Review Update BS asked for an update about the Eating Disorder Review.	Actions
	Actions
BS asked for an update about the Eating Disorder Review. EH noted that the Service Review report was sent to the Minister in November but the group is still waiting for progress which is causing concern and frustration among all who have been involved in the	Actions
BS asked for an update about the Eating Disorder Review. EH noted that the Service Review report was sent to the Minister in November but the group is still waiting for progress which is causing concern and frustration among all who have been involved in the process. MJ raised concerns about the review's progress explaining that its circulation is being managed very tightly, and the rationale for the	Actions
BS asked for an update about the Eating Disorder Review. EH noted that the Service Review report was sent to the Minister in November but the group is still waiting for progress which is causing concern and frustration among all who have been involved in the process. MJ raised concerns about the review's progress explaining that its circulation is being managed very tightly, and the rationale for the next stages are still unclear. It was noted that the report is awaiting sign off before being returned	Actions

recently been allocated to health boards for eating disorders noting that this hasn't been coordinated with the review, making the process chaotic and disjointed.

There are now two parallel processes and the uncoordinated approach is causing uncertainty and anxiety among service users and their families.

This uncertainty and mixed communication around the additional funding and the progress of the review runs the risk of eating disorders not receiving any of the transformation fund.

MJ noted that wider circulation of the review was needed, it is important to include clinicians as well as Health Board Managers.

DJ noted that Royal College of Psychiatry was involved with the review in September but hasn't been presented with the final report.

DJ added that the college is willing to support with widening the circulation of the review report.

ML expressed frustration and anxiety of participants involved in the public consultation a year ago, who are waiting to be updated on the process.

EH and **JW** agreed to draft a letter on behalf of the Cross Party Group and will share a template with the group who wish to express their concerns and the need for the review to progress and be signed off.

MH noted that campaign letters can be useful to highlight how important the issue is to those involved and noted that individuals need to make a note of their name and postcode.

BS asked if there is a database of the people who have been involved with the public consultations and noted it would be useful for a template letter to be shared with those contacts.

JW added that Beat could share the message in order to widen reach through a campaign

BS referenced the Donaldson Review and asked if eating disorders were included in the revised curriculum.

EH and JW to draft a letter to the Minister and share messaging with the group

Beat to share message once finalised

CP noted that interventions are taking place in schools but only those who were involved in the pilot projects - not all groups were benefitting because the pilot wasn't received everywhere. BS noted that standardisation across the curriculum was needed and that core values and principles lessons need to be available to all schools.	
Secretariat	
EH informed the group of previous discussions between Gofal and Beat about the future of the secretariat. Gofal are about to embark on a new strategy and brand which involves less of a focus on public affairs.	Secretariat to be handed over to Beat.
JW agreed that it would be appropriate at this stage for Beat to take the responsibility of the Secretariat.	
BS thanked Gofal for all of their hard work and contribution to the Group.	
A meeting has been organised for Gofal and Beat to discuss handover and plans in more detail.	EH and JW to discuss handover and update group on relevant details.
Any other Business	
New project announcement: DM ad MM from Mental Health Matters Wales announced a new project at the Botanical Gardens which has received funding to host a weekly 1 day event for people with eating disorders offering a therapeutic approach and environment. A carers evening is also organised once a month. BS asked if the group could receive more information about the project in the next meeting.	