

# Grŵp Traws Bleidiol ar Anhwylderau Bwyta Cross Party Group on Eating Disorders

## Minutes of the last meeting

26 June 2019 - 12:30-13:30

Committee Room 4, Ty Hywel

IN ATTENDANCE:	
Bethan Sayed AM (Chair)	South Wales West / Plaid Cymru
Natasha Withey	Gofal
Ewan Hilton	Gofal
Mike Hedges AM	Swansea East / Welsh Labour
Sandy Bridges	Carer
Menna Jones	T3 ED Team Clinical Lead Cardiff and Vale / Cwm Taf UHB
Jo Whitfield	Beat
Wendy Clarke	Specialist Lead for Eating Disorders, ABUHB
Dr. Natalie Chetwynd	Clinical Psychologist, Elizabeth Williams Clinic
Manon Haf Lewis	
Carole Phillips	
Carl Shortland	WHSSC
Matt Williams	Lee Waters Office
Donna Mason	Mental Health Matters Wales
Michaela Moore	Mental Health Matters Wales
Sara Hexter	
Danielle Carter	Aneurin Bevan Health Board
Oliver John	Royal College of Psychiatrists
Daniel Jones	Royal College of Psychiatrists

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Welcome and apologies	Actions
<p>Bethan Sayed AM welcomed attendees of the Cross Party Group on Eating Disorders.</p> <p><b>RECEIVED:</b> Apologies from absent members</p> <ul style="list-style-type: none"> <li>• Llyr Huws Gruffydd AM</li> <li>• Gerrard McCullagh</li> <li>• Janet and Don Ribeiro</li> <li>• Toni Hoefkens</li> <li>• Helen Missen</li> <li>• Jacinta Tan</li> </ul>	
Minutes from the last meeting	Actions
<p><b>APPROVED</b></p> <p>The minutes of the last meeting.</p>	<p>NW to send to Table Office</p>
Eating Disorder Service Review Update	Actions
<p><b>BS</b> asked for an update about the Eating Disorder Review.</p> <p><b>EH</b> noted that the Service Review report was sent to the Minister in November but the group is still waiting for progress which is causing concern and frustration among all who have been involved in the process.</p> <p><b>MJ</b> raised concerns about the review's progress explaining that its circulation is being managed very tightly, and the rationale for the next stages are still unclear.</p> <p>It was noted that the report is awaiting sign off before being returned to the Welsh Government.</p> <p>It was agreed that pressure needs to be applied in order to keep the momentum up; there are many people who have no knowledge of the review and its contents, people who will be affected by it.</p> <p><b>MJ</b> informed the group that money from the Transformation Fund has</p>	



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<p><b>CP</b> noted that interventions are taking place in schools but only those who were involved in the pilot projects - not all groups were benefitting because the pilot wasn't received everywhere.</p> <p><b>BS</b> noted that standardisation across the curriculum was needed and that core values and principles lessons need to be available to all schools.</p>	
<b>Secretariat</b>	
<p><b>EH</b> informed the group of previous discussions between Gofal and Beat about the future of the secretariat. Gofal are about to embark on a new strategy and brand which involves less of a focus on public affairs.</p> <p><b>JW</b> agreed that it would be appropriate at this stage for Beat to take the responsibility of the Secretariat.</p> <p><b>BS</b> thanked Gofal for all of their hard work and contribution to the Group.</p> <p>A meeting has been organised for Gofal and Beat to discuss handover and plans in more detail.</p>	<p>Secretariat to be handed over to Beat.</p> <p>EH and JW to discuss handover and update group on relevant details.</p>
<b>Any other Business</b>	
<p>New project announcement: <b>DM</b> ad <b>MM</b> from Mental Health Matters Wales announced a new project at the Botanical Gardens which has received funding to host a weekly 1 day event for people with eating disorders offering a therapeutic approach and environment. A carers evening is also organised once a month.</p> <p><b>BS</b> asked if the group could receive more information about the project in the next meeting.</p>	

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